



Nascentia  
Health**OPTIONS**

# The Homefront

*MLTC Member Newsletter*

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Spring 2021

## Have you received your COVID-19 vaccine yet?

Getting vaccinated is the best way to protect yourself from contracting COVID-19. We understand that many people are concerned about getting vaccinated. Safety is our top priority here at Nascentia, so we wanted to share a few facts with you about the COVID-19 vaccine:

- » The COVID-19 vaccine WILL NOT give you the virus.
- » The vaccines are not made with live virus.
- » The vaccine is safe and effective. It has gone through rigorous testing and has been approved by the FDA, CDC, and by New York's Independent Vaccine Panel.
- » The vaccine is free for all New Yorkers.
- » All vaccines available have shown to be highly effective at preventing COVID-19.
- » Getting vaccinated may also protect people around you, especially those with severe illnesses.

Nascentia Health is currently assisting members in scheduling vaccine appointments at various vaccine sites and with local health departments around the state to vaccinate homebound members.

**If you would like the COVID-19 vaccine and need assistance with scheduling an appointment to receive it, please contact your Nascentia Health Options Care Coordinator.**



Nascentia Health was CNY's first provider of home vaccines for our clients.

# New Providers December 2020–March 2021

Please join us in welcoming the newest members of our Provider Network. A complete list of providers is available by calling (888) 477-4663 or by visiting [nasceniahealthoptions.org/member-materials](http://nasceniahealthoptions.org/member-materials).

Provider	Service	Counties Served	Address/Phone
<b>Warner Physical Therapy</b>	Outpatient Physical Therapy	Jefferson and Oswego	364 East Ave. Oswego, NY 13126 (315) 326-0056
			20053 Summit View Blvd. Ste 2 Watertown, NY 13601 (315) 681-4187
<b>FeedMore Western New York, Inc.</b>	Meals on Wheels	Erie and Niagara	100 James E. Casey Dr. Buffalo, NY 14206 (716) 821-2002
<b>S Taxi</b>	Transportation: Non Emergency	Columbia and Greene	361 Fairview Ave Hudson, NY 12534 (518) 828-4545
<b>American Medical Technologies</b>	Durable Medical Equipment	All EXCEPT Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland, Westchester, and all NYC and Long Island counties	17595 Cartwright Rd. Irvine, CA 92614 (714) 556-0200
<b>Premier Medical Equipment</b>	Home and Safety Modifications	Albany, Allegany, Broome, Cayuga, Chenango, Cortland, Delaware, Fulton, Genesee, Greene, Hamilton, Herkimer, Jefferson, Lewis, Livingston, Monroe, Montgomery, Oneida, Onondaga, Ontario, Orleans, Oswego, Otsego, Saratoga, Schenectady, Schoharie, Seneca, St. Lawrence, Steuben, Tompkins, Wayne, Wyoming, Yates	3510 Gaskin Rd. Baldwinsville, NY 13027 (315) 456-8893
<b>Maag Transportation</b>	Transportation: Non-Emergency	Erie and Niagara	70 Niagara St, Ste 014 Buffalo, NY 14202 (716) 536-9301
<b>Bendidi Transport</b>	Transportation: Non-Emergency	Albany, Rensselaer, Saratoga, Schenectady	36 Oxford Cir.. Troy, NY 12180 (518) 590-3662
<b>Marquis Home Care</b>	Certified Home Health Agency (CHHA)	Albany, Columbia, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington	1762 Central Ave. Albany, NY 12202 (518) 216-0100

## New Providers continued

Provider	Service	Counties Served	Address/Phone
<b>Broadway WNY</b>	Licensed Home Care Service Agency (LHCSA)	Erie	50 Fountain Plaza, Ste 1400 Buffalo, NY 14202 (585) 326-0502
<b>Ready's Transportation Enterprise</b>	Transportation: Non-Emergency	Albany, Rensselaer, Saratoga, Schenectady	396 1st St., Troy, NY 12180 (518) 491-0028
<b>Family Always First Home Care</b>	Consumer Directed Personal Assistance (CDPA)	All EXCEPT Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland, Westchester, and all NYC and Long Island counties	81 West Ramapo Rd. Garnerville, NY 10923 (845) 666-0070
<b>ADT</b>	Personal Emergency Response System (PERS)	All EXCEPT Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland, Westchester, and all NYC and Long Island counties	32100 US Highway 19 North, Palm Harbor, FL 34684 (877) 456-1787
<b>Burd Home Health</b>	Consumer Directed Personal Assistance (CDPA)	All EXCEPT Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland, Westchester, and all NYC and Long Island counties	274 N. Goodman St, Ste A403 Rochester, NY 14607 (585) 227-3392
<b>Anchor Health Choice</b>	Consumer Directed Personal Assistance (CDPA)	All EXCEPT Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland, Westchester, and all NYC and Long Island counties	958 Nostrand Ave. Brooklyn, NY 11225 718-537-2000
<b>Embrace Care</b>	Licensed Home Care Service Agency (LHCSA)	Monroe and Orleans	24 Market St. Brockport, NY 14420 (585) 512-8797

## Member Advisory Committee

The Member Advisory Committee will hold its next meeting at 11:00 am on Wednesday, June 16. Individuals may attend in person or by conference call. If you or your caregiver would like to participate, contact Cathy Kelley at (315) 671-5151 or [ckelley@477home.org](mailto:ckelley@477home.org).



## Transportation Reminder

When your Care Manager/Coordinator is making a home visit or speaking with you on the phone, please alert him or her of any scheduled appointments for which you'll need transportation. This will reduce the number of calls being made to our Transportation Department and shorten your wait time when you must call in for a ride.



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## Overview of Advance Care Planning

Advance Care Planning is planning for a medical crisis during which you are too ill to make your own health care decisions. Choosing the type of life-sustaining measures you want in an emergency situation and designating whom you wish to make those decisions in the event you are unable to do so is important to ensure you get the medical care you want. Advance directives document your health care wishes so medical providers can give you the care you choose, taking the burden of making health care decisions on your behalf off your family and friends.

**Durable power of attorney for health care** is a document that names someone else to make decisions about your healthcare if you are unable to make those decisions yourself. This document instructs the person you designate (called your agent) about the type of medical treatment you want.

**Health Care Proxy** is a document that allows you to appoint someone to act as your agent to make medical decisions for you. This document only takes effect when you require medical treatment and a physician determines you are unable to communicate your wishes concerning the treatment.

**MOLST (Medical Orders for Life-Sustaining Treatment)** is a doctor's order that communicates your health care wishes across all healthcare settings, such as



hospitals, nursing homes, and ambulances. A MOLST form is bright pink and must be signed by your physician to be activated.

Having advance directives helps your loved ones and medical personnel make important decisions regarding your health care in times of crisis. They ensure that your health care wishes are carried out, even when you cannot make those decisions on your own.

If you have questions regarding advance directives or wish to have assistance in completing them, reach out to your Nascentia Health Options Care Manager.